



# Woodroe Woods School Sick Policy



**NOTE:** Woodroe's Sick Policy is applicable to ALL enrolled students in our Early Education and Elementary programs (Updated *September 1, 2021*). All revisions meet or exceed current Alameda County Public Health Department (ACPHD) guidelines.

## COVID-19 Symptoms

There are varying symptoms of COVID-19 ranging from mild to severe illness. Symptoms may appear anywhere from 2-14 days after exposure to the virus. Due to the fluidity of the pandemic, this list of symptoms is continually changing.

As of 9/10/2021 our symptoms list entails all of the following:

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|---|---|--|
| <input type="checkbox"/> <b>Fever (100°F or higher)</b> | <input type="checkbox"/> <b>Sore Throat</b>     | <input type="checkbox"/> <b>Diarrhea</b>                   |
| <input type="checkbox"/> <b>Runny nose</b>              | <input type="checkbox"/> <b>Severe headache</b> | <input type="checkbox"/> <b>Difficulty breathing</b>       |
| <input type="checkbox"/> <b>Cough</b>                   | <input type="checkbox"/> <b>Vomiting</b>        | <input type="checkbox"/> <b>New loss of taste or smell</b> |

**\*If any symptoms are exhibited, your child(ren) are required to STAY HOME.**  
Return to school depends on completion of requirements outlined below.

The onset of any symptoms listed will automatically prohibit your child(ren) from attending school. If any of these symptoms are noted at school, your child(ren) will be sent home. This includes a visual wellness check conducted by staff, regardless if the parent says that the student is well/has no symptoms. Students sent home from school will be quarantined and must be picked up within 1 hour of notification. Emergency contact(s) will be contacted if a parent/guardian is unable to be reached.

In addition, students are to remain home when any member of the household (i.e.: parent/sibling) has a FEVER or exhibits a combination of more than one COVID-19 symptom. A negative PRC test from the household member must be submitted for the student to return safely to the program.

## Observation of Symptoms

1. Contact Woodroe administration immediately to notify the office of observed symptom(s)
2. Provide the date that the symptom(s) first appeared and disclose if there has been a potential or actual exposure

# Student Absence

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Woodroe Administration must be notified of all absences. (Travel, vacation, illness, appointments, family day, etc.)

- **Office phone:** (510) 582-3273
- **E-mail:** info@woodroewoods.org
  - Provide detailed message for the reason of absence, including any exhibited symptom(s), (ie: temperature **100°F or higher**)
- If exhibiting any symptoms, contact and consult your child's physician for guidance, including if a COVID-19 test is appropriate
- A formal physician's note for pre-existing conditions/diagnosis is required, and will be kept on file for documentation purposes

# School Sickness Protocol

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1. Both staff and students will be monitored throughout the day for signs of illness.
2. Children with a fever of 100°F degrees or higher, cough (including a new uncontrolled cough that causes different breathing and/or a change in baseline cough for students with asthma/medically diagnosed allergies), or other COVID-19 symptom(s) as listed will be isolated from the general room population, and parent(s)/caregiver(s) will be immediately notified.
3. Face covering will remain on at all times.
4. Student must be picked up within an hour from the time of notification.
5. Exhibited symptoms/relevant information will be documented for administrative reference.

# Contagious Illnesses or Conditions

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All contagious illnesses or conditions, including pink eye, strep throat, hand-foot-and-mouth disease, pinworms, lice, impetigo, whooping cough, fifth disease, etc. ***must be reported to the office immediately*** as these cases are reported to the affected families. Parents are required to follow a separate protocol as directed by office administration.

# Travel Guidance, Outside of California

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Children are considered "unvaccinated". 3-5 days AFTER return to California, child(ren) must take a PCR/Molecular COVID test and receive a NEGATIVE test result before returning to the program. Results must be emailed to the office and include the child's first & last name and date the test was taken. For those who choose not to get tested and/or display any symptoms, a 7 day quarantine is required. Date of return to California is "day zero"; the first full day back is counted as day 1, etc.

### 3 Scenarios to Return Safely to the Program:

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**Scenario 1:** If the student's COVID-19 **PCR/molecular** test is positive OR student is **NOT** tested

3. A minimum of 10 days (14 days is recommended) have passed since symptoms first appeared, **AND**
4. It has been at least 24 hours with no fever, without the aid of fever reducing medicines (including acetaminophen [Tylenol] or ibuprofen [Advil or Motrin]), **AND**
5. Other symptom(s) are improving, **AND**
6. Your family has received verbal or written clearance to return.

A doctor's note is not required for return following the 10 day quarantine period.

**Scenario 2:** Student is **NOT** tested but had a physician evaluation & medical clearance

- Symptoms have resolved, **AND**
- A physician letter is provided that indicates:
  1. An alternative diagnosis **AND**
  2. Must include the statement that "the symptoms are **NOT** due to COVID-19"

**Scenario 3:** Student's **PCR/molecular** test is **NEGATIVE**

- Students can return before the 10 day quarantine period with proof of a current **NEGATIVE PCR/molecular** test result, **AND**
- Symptom(s) have improved
  - If student had a fever of **100°F** or higher: At least 24 hours have passed with no fever, without the aid of fever reducing medicines (including acetaminophen [Tylenol] or ibuprofen [Advil or Motrin]).

**NOTE:** Only **PCR/molecular** test results are sufficient proof for school return. Any tests that are **NOT PCR/molecular** tests will be declined (this includes results for a rapid antigen test).

## Requirements to Return to School

### Due to an Actual or Possible COVID-19 Exposure:

#### Household or Individual Exposure

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An automatic isolation period of 10 days minimum is required following the last household contact or close contact with the person in question as long as the student does not develop new symptoms. A period of 14 days of quarantine is the safest option.

- A COVID-19 test should be obtained if a student develops new symptoms within the 10 day period
- New onset of symptoms means that the 10 day quarantine period must be restarted and is to be reported to Woodroe administration

#### Modified Quarantine

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Woodroe has elected to NOT adopt the Modified Quarantine practice. We are aware that many schools and other public entities are doing away with various "best practices" in order to serve the demand of students who need to go back to school and the general population to go back to work. This includes but is not limited to allowing for a "modified quarantine" which applies to a direct Covid exposure within a school setting. In summary, a modified quarantine is: any asymptomatic, unvaccinated student who has been directly exposed to a positive case while wearing a mask; is permitted to attend school and be around the rest of the general student population if tested twice-weekly.

With families who have older siblings that attend school elsewhere, (including within the public sector), who's schools have implemented a modified quarantine, if a sibling has been directly exposed: the Woodroe student cannot attend until they and the sibling have received verification of a negative test result, taken 3-5 days after the direct exposure. **This means that if you have a sibling that attends another school, and your family is notified of a direct exposure to a Covid positive case, your student cannot attend Woodroe upon receiving the initial notification.** In addition, if your child or anyone within your household tests positive, a mandatory 10 day isolation is required following the last household contact or close contact with the person in question as long as the student does not develop new symptoms (although 14 days is recommended).

# Confirmed Case of COVID-19 on Campus

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1. COVID Liaisons will notify health officials immediately
  - Alameda County Public Health Department (ACPHD)
    - Monday-Friday 8:30am–5pm
    - Phone: (510) 268-2101
    - After hours Phone: (925) 422-7595
    - Email: [safelearning@acgov.org](mailto:safelearning@acgov.org)
2. Follow plan of action and implement the necessary processes and protocols, in accordance with CDPH guidelines.
3. Notify families and staff immediately via email.
  - Confidentiality will be maintained
4. Arrange for immediate deep cleaning and disinfection of the classroom/space.

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The health and safety of our students and school community is our top priority. Accordingly, Woodroe has established our school’s Sick Policy to align with or exceeds guidance provided by the [Alameda County Department of Public Health](#) (ACDPH), [California Department of Public Health](#) (CDPH), and the [State of California](#). Until we see a steady decrease in case rates and less risk around the Delta variant or other harmful strains of COVID, Woodroe will continue to maintain our stricter policies and protocols that we feel best keep our students safe. Out of an abundance of precaution, we will continue to maintain more rigid standards/policies until we feel that it is safe for our school community to reconsider loosening our school's policies around illness. As guidance changes, this document will be regularly reviewed and updated accordingly.

Since the onset of the pandemic, we have strived to do what we can to mitigate the risk of Covid within our program and local community in an effort to keep our student body safe. We have been extremely fortunate and successful thus far in keeping a direct exposure of Covid out of our campus, which is due in part to the amazing partnership, support and transparency that we have with our families. We truly cannot thank each and every one of you enough for your support in being transparent, mindful, and vigilant while at or away from our campus. Together, we will continue to do what we can to allow our students a safe place to learn, play, and socialize regardless of these challenging times.